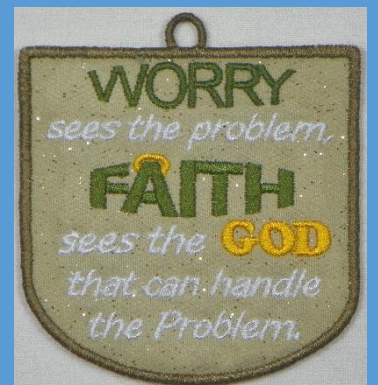
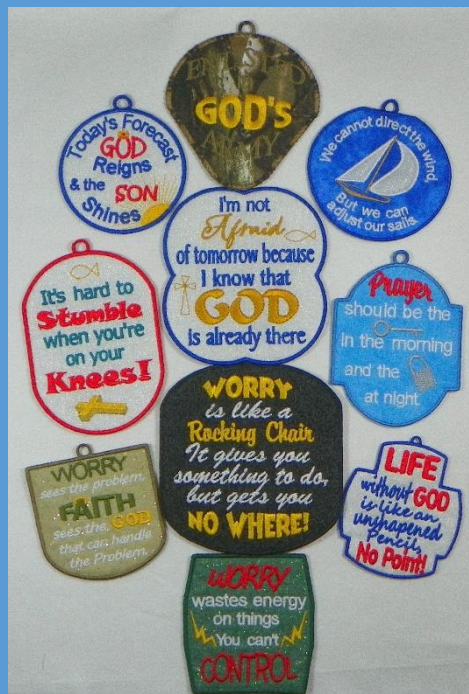
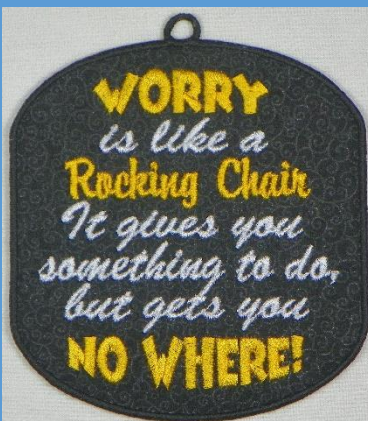
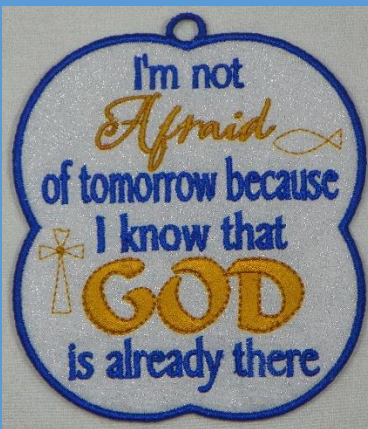
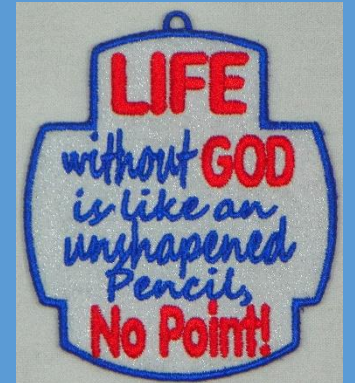
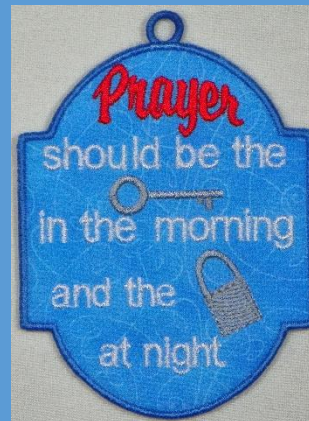
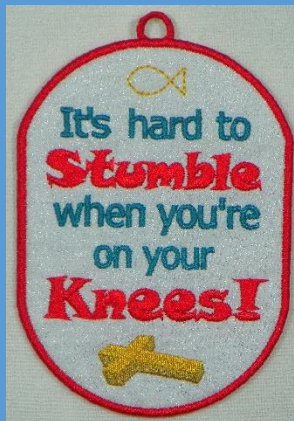


Instructions for Creating Inspirations-Set 5

By Nancy Smith

This set contains a variety of sizes, but all can be sewn in a 5 x 7 hoop. The last design, ATWNLS0859, is digitized for a 4 x 4 hoop. Check the finished size of each in the instructions before stitching.



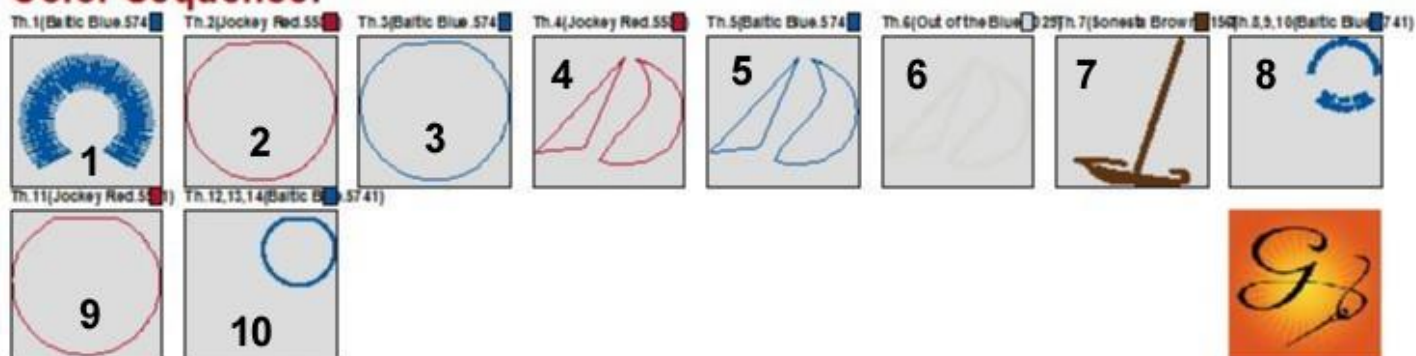
Instructions for creating the Inspirations-5 Designs

By Nancy Smith

Procedure for creating the ATWNLS0850-5x7 (Size: 4.3 x 4.3 inches)

The Color Sequence Chart below will be referred to throughout these instructions

Color Sequence:



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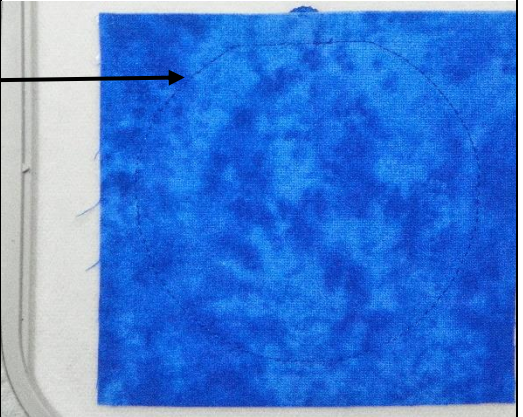
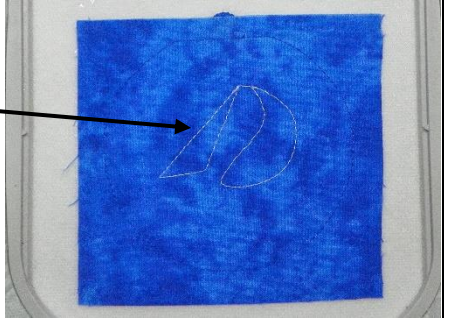
Required Materials

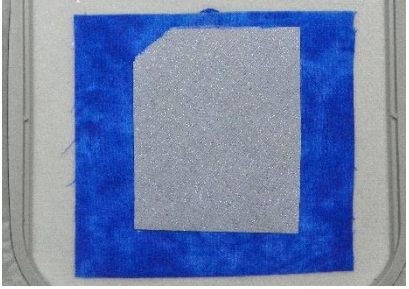




- 5 x 5 inch fabric piece (design face fabric)
- 3 x 2.5 inch fabric piece (sails)
- 5 x 5 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite
 - 5 x 5 inch piece
 - 3 x 2.5 inch piece


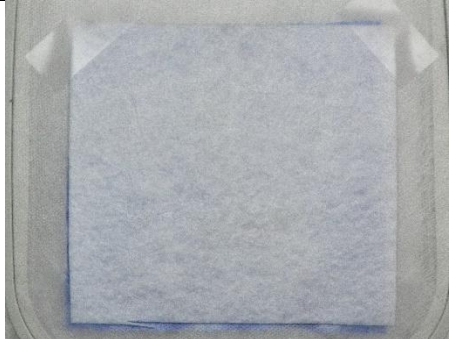
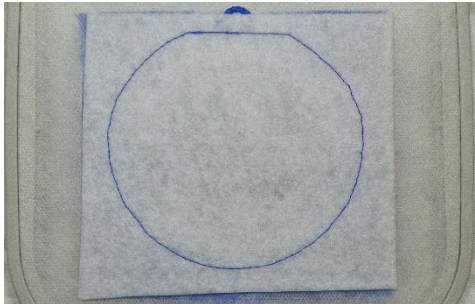




1. Cut a 5 x 5 inch piece
 - a. From selected fabric.
 - b. From Heat-N-Bond Lite
 - c. From felt (I like to use the stiffed type)
2. Cut a 3 x 2.5 inch piece of fabric and Heat-N-Bond for sails of boat
3. Press the fabric piece and fuse the Heat-N-Bond to the wrong side. Press the sail piece and fuse the Heat-N-Bond to the wrong side.
4. Hoop water stabilizer in a 4 x 5 or larger hoop.
5. Sew #1 in the color sequence chart. These stitches will create the design hanger.



<p>6. Sew #2 in the Color Sequence Chart. These stitches will create the "Placement stitches" for the design.</p>	
<p>7. Remove hoop from machine and place Heat-N-Bond backed fabric over the "placement stitches". Tape can be used to hold in place.</p>	
<p>8. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will "tack down" the fabric to the stabilizer.</p>	
<p>9. Sew # 4 in the Color Sequence Chart. These stitches will create the "placement stitches" for the sails of the boat.</p>	

<p>10. Remove hoop from machine and place Heat-N-Bond backed sail fabric over the “placement stitches.” (Tape can be used to hold in place.)</p>	
<p>11. Return hoop to machine and sew #5 in the Color Sequence Chart. These stitches will tack the sail fabric to the stabilizer.</p>	
<p>12. Remove hoop from machine and carefully cut away the excess sail fabric-being careful not to cut stitches.</p>	
<p>13. Return hoop to machine and sew #6 in the Color Sequence Chart. These stitches will create a satin border around the sails.</p>	
<p>14. Sew #7 in the Color Sequence Chart. These stitches will create the boat.</p>	

<p>15. Sew #8 in the Color Sequence Chart. These stitches will create the text of the design.</p>	
<p>16. Remove hoop from machine, turn upside down and place the felt to the back of the design. Use tape to hold in place.</p>	
<p>17. Return hoop to machine and sew #9 in the Color Sequence Chart. These stitches will attach the felt to the design.</p>	
<p>18. Remove hoop from machine, turn upside down and <i>carefully</i> cut away the excess felt.</p>	
<p>19. Turn hoop right-side up and carefully cut away excess fabric from front of design.</p>	

20. Return hoop to machine and sew #10 in the Color Sequence Chart. These stitches will create the satin border around the design.



21. Remove hoop from machine and design from hoop.
22. Cut away excess stabilizer—leaving ¼ inch as shown.



23. Remove remaining stabilizer using a wet paper towel or cloth and let dry.



Your design is completed.



Procedure for creating the ATWNLS0851-5x7 (Size: 3.8 x 4.2 inches)

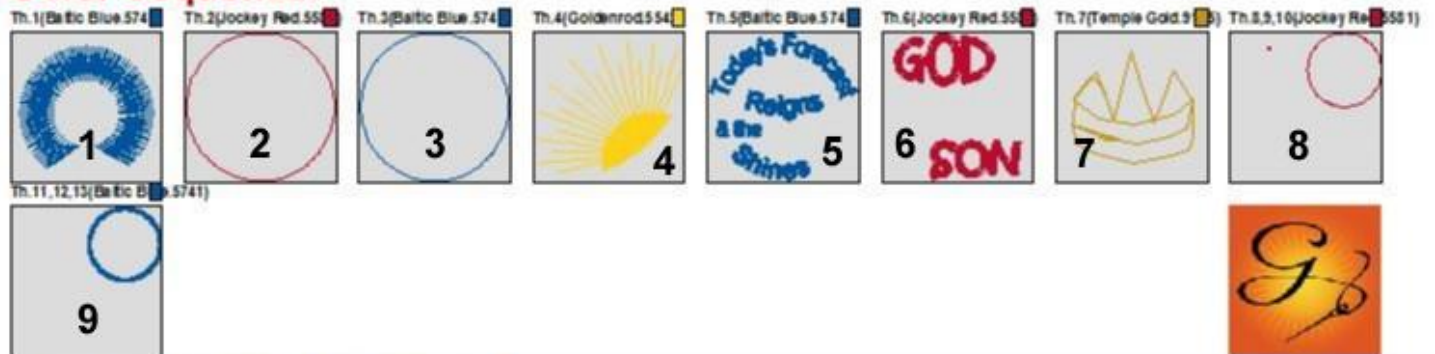
Required Materials

- 4.5 x 4.5 inch fabric piece (design face fabric)
- 4.5 x 4.5 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 4.5 x 4.5 inch piece



The Color Sequence Chart below will be referred to throughout these instructions.

Color Sequence:



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This ATWNLS0851-5x7 is a standard applique design.

1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create the sun.
7. Sew #5 in the Color Sequence Chart. These stitches create the first set of text.
8. Sew #6 in the Color Sequence Chart. These stitches create the remainder of text.
9. Sew #7 in the Color Sequence Chart. These stitches create the crown.
10. Sew the first part of #8-which will put the "ruby" on the crown. A color stop has been inserted after the ruby is sewn and the machine will stop.

11. Remove the hoop from the machine and place the felt on the back of the design—secure with tape.
12. Return hoop to machine and sew the remainder of #8 on the Color Sequence Chart.
13. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
14. Return to machine and sew #9 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
15. Remove hoop from machine and design from hoop.
16. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
17. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0852-5x7 (Size: 4.5 x 5.2 inches)

The Color Sequence Chart below will be referred to throughout these instructions.

Color Sequence:



Required Materials

- 5 x 5.5 inch fabric piece (design face fabric)
- 5 x 5.5 inch piece of felt
- Threads—colors of choice
- Water soluble stabilizer (wash away—fabric type)
- Heat-N-Bond Lite: 5 x 5.5 inch piece



This ATWNLS0852-5x7 is a standard applique design.

1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches—secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.

7. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
8. Remove the hoop from the machine and place the felt on the back of the design-secure with tape.
9. Return hoop to machine and sew the remainder of #6 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
10. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
11. Return to machine and sew #7 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
12. Remove hoop from machine and design from hoop.
13. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
14. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0853-5x7 (Size: 3.4 x 4.2 inches)

The Color Sequence Chart below will be referred to throughout these instructions.

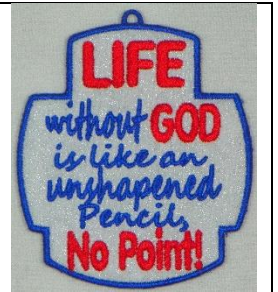
Color Sequence:



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Required Materials

- 4 x 4.5 inch fabric piece (design face fabric)
- 4 x 4.5 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 4 x 4.5 inch piece



This ATWNLS0853-5x7 is a standard applique design.

1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.

5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.
7. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
8. Remove the hoop from the machine and place the felt on the back of the design—secure with tape.
9. Return hoop to machine and sew the remainder of #6 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
10. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
11. Return to machine and sew #7 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
12. Remove hoop from machine and design from hoop.
13. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
14. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0854-5x7 (Size: 4.8 x 5.5 inches)

The Color Sequence Chart below will be referred to throughout these instructions.

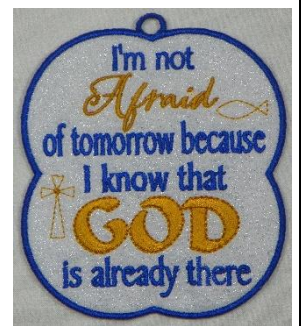
Color Sequence:



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Required Materials

- 5.5 x 5.25 inch fabric piece (design face fabric)
- 5.5 x 5.25 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 5.5 x 5.25 inch piece



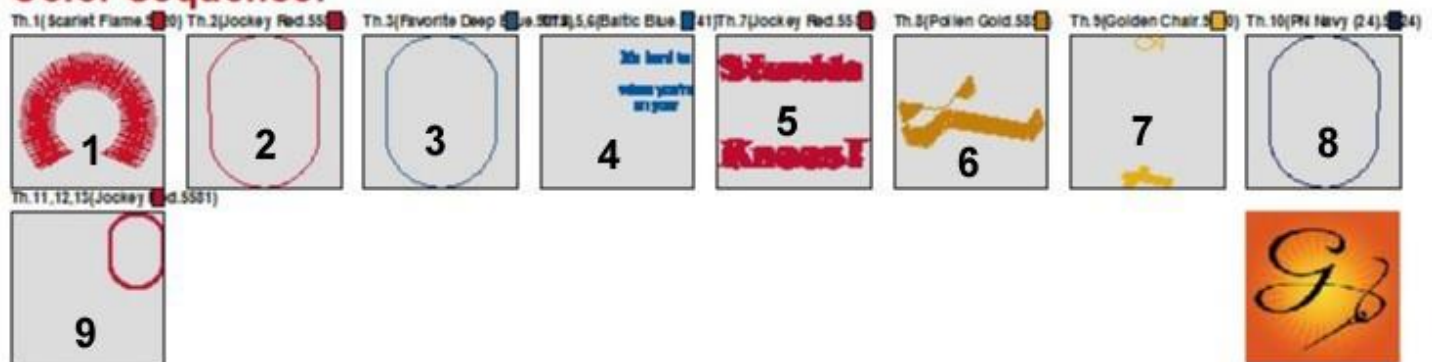
This ATWNLS0854-5x7 is a standard applique design.

15. Hoop water soluble stabilizer in appropriate-sized hoop.
16. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
17. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
18. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches—secure with tape if necessary.
19. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
20. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.
21. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
22. Remove the hoop from the machine and place the felt on the back of the design—secure with tape.
23. Return hoop to machine and sew the remainder of #6 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
24. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
25. Return to machine and sew #7 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
26. Remove hoop from machine and design from hoop.
27. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
28. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0855-5x7 (Size: 3.9 x 5.74 inches)

The Color Sequence Chart below will be referred to throughout these instructions.

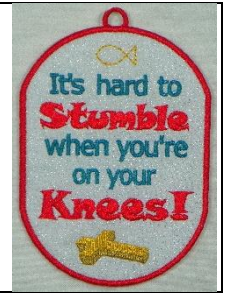
Color Sequence:



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Required Materials

- 4.5 x 5.5 inch fabric piece (design face fabric)
- 4.5 x 5.5 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 4.5 x 5.5 inch piece



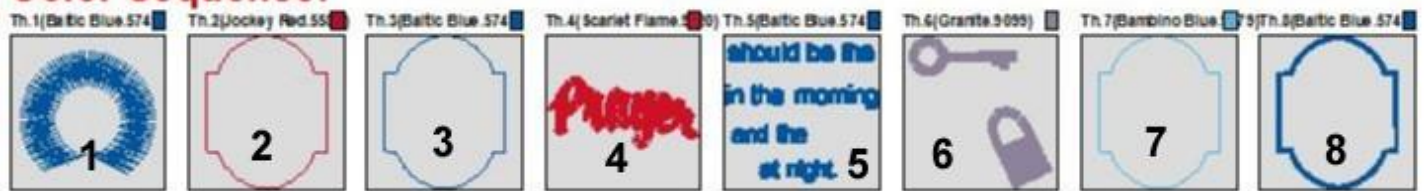
This ATWNLS0855-5x7 is a standard applique design.

1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.
7. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
8. Sew #6 in the Color Sequence Chart. These stitches will create the first part of the cross.
9. Sew #7 in the Color Sequence Chart. These stitches will create the remainder of the cross.
10. Remove the hoop from the machine and place the felt on the back of the design-secure with tape.
11. Return hoop to machine and sew #8 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
12. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
13. Return to machine and sew #9 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
14. Remove hoop from machine and design from hoop.
15. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
16. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0856-5x7 (Size: 3.8 x 5.1 inches)

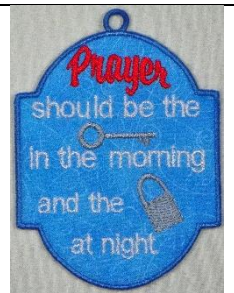
The Color Sequence Chart below will be referred to throughout these instructions.

Color Sequence:



Required Materials

- 5 x 4.5 inch fabric piece (design face fabric)
- 5 x 4.5 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 5 x 4.5 inch piece



This ATWNLS0856 -5x7 is a standard applique design.

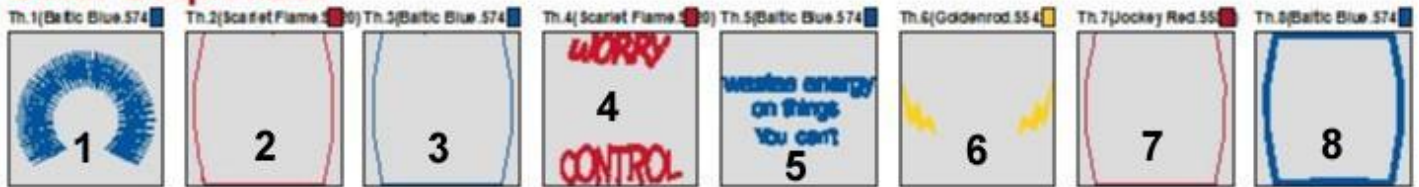
1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.
7. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
8. Sew #6 in the Color Sequence Chart. These stitches will create the key and lock.
9. Remove the hoop from the machine and place the felt on the back of the design-secure with tape.
10. Return hoop to machine and sew #7 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
11. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
12. Return to machine and sew #8 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
13. Remove hoop from machine and design from hoop.
14. Cut away excess stabilizer—leaving ¼ inch around the outside of design.

15. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0857-5x7 (Size: 3.62 x 4 inches)

The Color Sequence Chart below will be referred to throughout these instructions.

Color Sequence:



Required Materials

- 4 x 4.25 inch fabric piece (design face fabric)
- 4 x 4.25 inch piece of felt
- Threads-colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 4 x 4.25 inch piece



This ATWNLS0857-5x7 is a standard applique design.

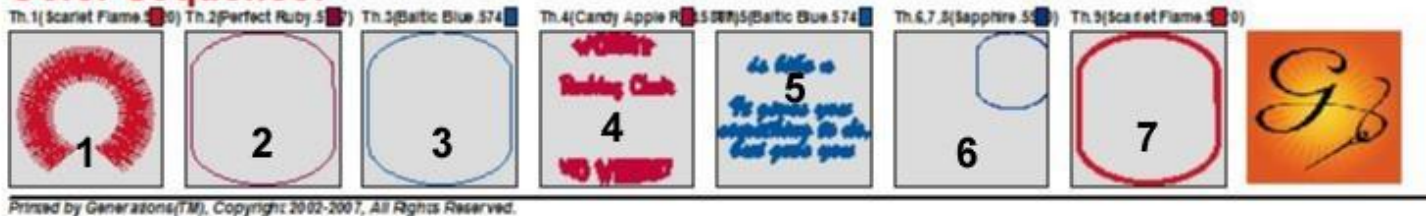
1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.
7. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
8. Sew #6 in the Color Sequence Chart. These stitches will create the Lightning bolts.
9. Remove the hoop from the machine and place the felt on the back of the design-secure with tape.
10. Return hoop to machine and sew #7 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
11. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.

12. Return to machine and sew #8 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
13. Remove hoop from machine and design from hoop.
14. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
15. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0858-5x7 (Size: 5.3 x 6 inches)

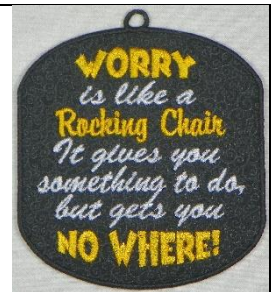
The Color Sequence Chart below will be referred to throughout these instructions

Color Sequence:



Required Materials

- 6 x 5.5 inch fabric piece (design face fabric)
- 6 x 5.5 inch piece of felt
- Threads- colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 6 x 5.5 inch piece



This ATWNLS0858-5x7 is a standard applique design.

1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.
6. Sew #4 in the Color Sequence Chart. These stitches create some of the design text.
7. Sew #5 in the Color Sequence Chart. These stitches create the remainder of text.
8. Remove the hoop from the machine and place the felt on the back of the design-secure with tape.

9. Return hoop to machine and sew the remainder of #6 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.
10. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.
11. Return to machine and sew #7 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.
12. Remove hoop from machine and design from hoop.
13. Cut away excess stabilizer—leaving ¼ inch around the outside of design.
14. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.

Procedure for creating the ATWNLS0859 (Size: 3.62 x 4 inches)

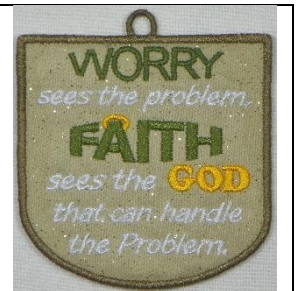
The Color Sequence Chart below will be referred to throughout these instructions

Color Sequence:



Required Materials

- 4 x 4 inch fabric piece (design face fabric)
- 4 x 4 inch piece of felt
- Threads- colors of choice
- Water soluble stabilizer (wash away-fabric type)
- Heat-N-Bond Lite: 4 x 4 inch piece



This ATWNLS0859 is a standard applique design.

1. Hoop water soluble stabilizer in appropriate-sized hoop.
2. Sew #1 in the Color Sequence Chart. These stitches will create the design hanger.
3. Sew #2 in the Color Sequence Chart. These stitches will create the placement stitches.
4. Remove hoop from machine and lay the Heat-N-Bond backed fabric over placement stitches-secure with tape if necessary.
5. Return hoop to machine and sew #3 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.

- 6. Sew #4 in the Color Sequence Chart. These stitches create the first section of text.**
- 7. Sew #5 in the Color Sequence Chart. These stitches create the second section of the text.**
- 8. Sew #6 in the Color Sequence Chart. These stitches will create the remainder of the text.**
- 9. Remove the hoop from the machine and place the felt on the back of the design—secure with tape.**
- 10. Return hoop to machine and sew the remainder of #7 on the Color Sequence Chart. These stitches will attach the felt to the back of the design.**
- 11. Remove from machine and cut away excess felt from the back of design and the fabric from the front of the design.**
- 12. Return to machine and sew #8 in the Color Sequence Chart. These stitches will create the satin border around the outside of the design.**
- 13. Remove hoop from machine and design from hoop.**
- 14. Cut away excess stabilizer—leaving ¼ inch around the outside of design.**
- 15. Remove remaining stabilizer using a wet paper towel or cloth. Let dry. Design is complete.**